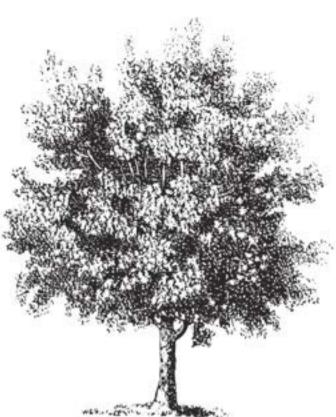


AFP MYSTORY SOCIAL JUSTICE DAY 2023

> March 16th 9AM-1PM

Buffalo State University



## the anne frank project

**SUNY Buffalo State** 

annefrankproject.com

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Tell me and I forget. Teach me and I remember. Involve me and I learn. -Chinese Proverb



YOUR STORY MATTERS



ANNE FRANK PROJECT BUFFALO STATE • The State University of New York

# SCHDEULE OF EVENTS

### 9:00-9:15am

Arrival and Welcome

## 9:15-10:00am

You Can't Dance Like That: Successfully Navigating Authentic Cross-Cultural Friendships Yanick Jenkins & Carole Miller Canestrari

### 10:00-11:00am

LIVE L.A.B. With Me: EMPOWER-MOVE Zhanna Reed

#### 11:00-11:30am

Lunch It's on us!

## 11:30am-12:45pm

Sophia's Legacy: Lessons from the Holocaust <sup>Sophia Veffer & Drew Kahn</sup>

**12:45–1:00pm** SBL Processing and Closing AFP Staff

# SESSION DESCRIPTIONS

#### You Can't Dance Like That: Successfully Navigating Authentic Cross-Cultural Friendships

Two friends from different racial and cultural backgrounds share the story of their relationship, including conflict resolution experiences and tips for maintaining and cultivating authentic communication and navigating difficult conversations. Participants will understand individual and personal roles and responsibility...the importance of communicating, seeing one another, and willingness to have difficult conversations Through storytelling and sharing, participants will be guided to review and reflect on their own lives and experiences.

#### LIVE L.A.B. With Me: EMPOWER-MOVE

Art can be a get-a-way but we must use it as a gate-way. The Live LAB is here to inspire and guide you to seek out what it truly means to live, love and be. Join Zhanna Reed as she gives you tools to empower oneself through creativity. Engage in an EMPOWER-MOVE...Through exploration of movement and mindfulness. Learn how art can impact your personal health, your community and spark change.

#### Sophia's Legacy: Lessons from the Holocaust

Witness the amazing, personal stories of Sophia Veffer, Holocaust survivor and AFP board member. Sophia went to school with Anne Frank in Amsterdam, and will share her emotional journey as a young Jewish Dutch girl who miraculously survived Hitler's concentration camps. Sophia will remind students how the power of traumatic stories can connect us in an increasingly divisive world. A question/answer session will follow her story.

#### **SBL Processing**

The Anne Frank Project Staff will lead students to process what they are feeling into action after a day of powerful stories. In Story-Based Learning fashion, students will share physical movements with each other that will create a sense of community, and encourage identity and inclusion practices.





